

Secondary Nutrition Education Observation – Low Risk

Agency/Clinic: _____ Date of ME: _____

Evaluator(s): _____

At least one low risk nutrition education contact should be observed if possible (NE+ or Class). If an NE+ or Class cannot be observed, then complete a self-study or interactive center as a client would. Obtain the lesson plan for the class, interactive center or self-study notebook. Evaluate each item in the table. Compare appropriate items to the lesson plan.

Check type of activity observed or completed:

- ☐ Group class (entered in KWIC under Class Management)
- ☐ Interactive Nutrition Education Center (entered in KWIC as a NE+)
- ☐ Self-Study Notebook (entered in KWIC as a NE+)

Title: _____ Target Audience: _____

If group class, Educator's name and credentials: _____

Use comment column as needed for clarification and answers to open-ended items.

	Yes	No	Comments
1. How do staff know to guide client to the assigned center (or provide module) for a NE+ appointment? (Verify by observing staff work with a client, or have staff demonstrate.)			
2. How are clients instructed to complete the NE+?			
3. Were the instructions given to the client effective?			
4. Do visual aids reinforce main points?			
5. Do activities reinforce main points?			
6. Is the information accurate?			
7. Is the presentation logical and organized?			
8. If unfamiliar words are used, are they explained?			
9. Is it sensitive to clients' cultural, economic, educational, social situation?			
10. Is there an interactive component?			
11. If there is an interactive component, describe here:			
12. Is the interactive component appropriate?			
13. Is there an evaluation of learning included in the activities?			
14. Are clients encouraged to set goals related to behavior change?			
15. Is there a method for clients to ask questions and receive answers?			
16. Is the most appropriate environment for learning being used?			
17. When, by whom, and how is attendance recorded? (Verify by observing staff work with a client, or have staff "demonstrate".)			
18. Is there consistency between the lesson plan and the presentation?			
19. Does the content reinforce the objectives?			

Overall assessment of quality of low risk secondary nutrition education, select below:

Provides a quality nutrition education experience:

☐

Overall meets requirements, needs a few improvements, such as:

☐

Meets minimum requirements, improvements needed as follows:

☐

Does not meet requirements, corrective action will be required.

☐

Secondary Nutrition Education Observation – High Risk

At least one high risk nutrition counseling session should be observed if possible. If one is observed, evaluate if each item in the table occurred (or was not applicable.) If can not observe a HR session, try to observe a NEi session.

RD: _____

	Yes	No	N/A	Comments
1. Is there a recheck of height, weight, or hemoglobin/hematocrit, if this is part of the client's plan for follow-up?				
2. If height, weight or hemoglobin are measured, was the correct technique used?				
3. Is there a review of dietary changes since the last visit?				
4. Is counseling targeted to the appropriate risk conditions?				
5. Is counseling geared to the client's level of nutritional knowledge, culture, language and social situation?				
6. Is there time for questions and answers during the session?				
7. Are referrals to any necessary services made and documented in KWIC?				
8. Is a follow-up appointment made, if necessary?				
9. Is nutrition counseling documented in KWIC?				
10. Was the nutrition counseling entered in KWIC under the RD's entry?				

#2 Secondary Nutrition Education Observation – High Risk (if time allows)

RD: _____

	Yes	No	N/A	Comments
1. Is there a recheck of height, weight, or hemoglobin/hematocrit, if this is part of the client's plan for follow-up?				
2. If height, weight or hemoglobin are measured, was the correct technique used?				
3. Is there a review of dietary changes since the last visit?				
4. Is counseling targeted to the appropriate risk conditions?				
5. Is counseling geared to the client's level of nutritional knowledge, culture, language and social situation?				
6. Is there time for questions and answers during the session?				
7. Are referrals to any necessary services made and documented in KWIC?				
8. Is a follow-up appointment made, if necessary?				
9. Is nutrition counseling documented in KWIC?				
10. Was the nutrition counseling entered in KWIC under the RD's entry?				